Pear and caramel Tarte Tatin

Ingredients

- 4 small Beurré Bosc pears, peeled, halved, cored
- 1 tbsp lemon juice
- 1/2 cup (110g) caster sugar
- 40 g butter
- 1 star anise
- 1 cinnamon stick or quill
- 2 sheets (25cm) ready-rolled frozen puff pastry, just thawed
- Crème fraîche, to serve
- Ground cinnamon, to serve

Equipment

- Chopping board
- Large knife
- Wooden spoon
- Peeler
- Mixing bowls
- Measuring spoons
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- Oven-proof frying pan

- 1. Preheat oven to 200°C. Place the pear in a bowl and drizzle with lemon juice. Add 2 tablespoon of the sugar. Toss to combine.
- 2. Place the remaining sugar in a 20cm (base measurement) ovenproof frying pan over low heat. Cook, stirring, for 5 minutes or until the sugar dissolves and begins to caramelise. Arrange the pear, cut-side up, around the frying pan. Add the butter, star anise and cinnamon stick. Cook, loosely covered, for 10 minutes or until pear is just tender.
- 3. Place 1 puff pastry sheet on a clean work surface. Top with the remaining pastry sheet. Use a small sharp knife to trim pastry to a 25cm round disc. Place the pastry over the pear in the pan, tucking in any excess pastry. Bake for 30 minutes or until the pastry is golden brown.

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4. Set aside for 10 minutes to cool slightly. Turn onto a serving platter. Cut into wedges. Serve with crème fraîche sprinkled with ground cinnamon.

