

## Butter lettuce, green pea and ricotta salad

### **Equipment**

Chopping boards

sharp knives

Salad bowls

juicer

### **Ingredients:**

- 100g (1 cup) frozen green peas
- 100g (1 cup) sugar snap peas, trimmed
- 100g (1 cup) snow peas, trimmed
- 1 tbs lemon juice
- 2 tbs extra virgin olive oil
- 1 butter lettuce, rinsed
- 200g (1 cup) ricotta cheese

### **Method**

1. Bring a saucepan of salted water to the boil and cook the frozen peas for 10 minutes. Add the sugar snaps and snow peas and cook for a few minutes until they are emerald green. Drain, then rinse under cold running water.
2. Put the peas in a bowl and add the lemon juice and olive oil. Season with salt and pepper.
3. Arrange the lettuce leaves on a serving platter, then spoon over peas. Add the ricotta in rough spoonfuls all over the salad and drizzle with any remaining dressing.