

Rocket and Feta Salad

<p>Ingredients 15 Rocket leaves 1 Small oakleaf lettuce 1 Spring onion 100g feta cheese</p> <p>Dressing 4 Tbsp Olive oil 4Tbsp Balsamic vinegar 2 Tsp water Tbsp Honey Salt and Pepper</p>	<p>Equipment Salad spinner Peeler Large knife Small knife Measuring spoons Fork Chopping board Large small bowl</p>
<p>What to do</p> <ul style="list-style-type: none">• Fill a bowl with cold water. Place the lettuce leaves into the bowl. Lift the lettuce out of the water and put into the salad spinner. The water used to wash the lettuce can be put out onto the garden.• Tear each leaf into three and place in the large bowl. Refrigerate, until just before ready to serve.• Wash and dry the spring onions. Finely slice the spring onions and add to the lettuce.• Dice the feta cheese into 1cm dice.• For the dressing mix all the ingredients together with a fork and pour over the diced feta. Leave so the flavour can infuse into the cheese.• Just before we are ready to sit down mix all the salad ingredients together and divide between four serving bowls.	