



Burwood Heights Primary School's goal is to educate the whole child.
Our students are at the heart of everything we do.

WEDNESDAY	18 TH FEBRUARY	PARENT/TEACHER INTERVIEWS
WEDNESDAY	25 TH FEBRUARY	HOUSE ATHLETICS COUNTRY
FRIDAY	27 TH FEBRUARY	SCHOOL CLEAN-UP DAY
MONDAY	9 TH MARCH	LABOUR DAY HOLIDAY
SATURDAY	14 TH MARCH	WILD TOGETHER – SCAVENGER HUNT - PREPS
WEDNESDAY	25 TH MARCH	SCHOOL PHOTOS SCHOOL COUNCIL ANNUAL GENERAL MEETING
THURSDAY	26 TH MARCH	HOUSE CROSS COUNTRY
FRIDAY	27 TH MARCH	INTERIM REPORTS
TUESDAY	31 ST MARCH	END OF TERM ONE
WEDNESDAY	1 ST APRIL	CURRICULUM DAY
THURSDAY	2 ND APRIL	CURRICULUM DAY
FRIDAY	3 RD APRIL	GOOD FRIDAY
MONDAY	20 TH APRIL	TERM TWO COMMENCES
WEDNESDAY TO FRIDAY	29 TH APRIL TO 1 ST MAY	SENIOR SCHOOL CAMP

FROM THE PRINCIPAL

THE WELCOME BARBEQUE AND INFORMATION NIGHTS

The feedback last year from the inaugural combined Welcome Barbeques and Information Nights informed our decision to do the same this year. The opportunity for families to meet staff and connect with each other at the start of the year in an informal setting, helps to foster community spirit. Thank you to all the families, staff and students who were able to attend. Community is at the heart of all we do here and it is opportunities like these that remind us how central people are at our school.

And it all happened again last night, Monday, 9th February, with the Middle and Senior School Welcome Barbeque and Information Night!! Once again, another amazing evening for our school community.

I acknowledge the team effort of all the staff involved in making such evenings possible. I particularly thank Mr Chris Rhyder who co-ordinates the staff so enthusiastically and Mr Kevin Morrow, for giving of his time so generously.



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PRESENTATION OF BADGES TO SCHOOL LEADERS



Last Friday all our Year Six (School Leaders) were presented with their badges as they are all seen to be leaders. Leaders are people who make a difference and add value. They can make the world a better place. All our students should leave Burwood Heights knowing they can make a difference. We give all our students the opportunity to do something that add values.

School Captains: Bentley M Aden V Mayumi G

Sports Captains: Thomas L Samuel R

Arts Captains:

Performing: Nikki I Scarlett M-T Alexis Z
Visual: Karissa G Zaina R Marian W

Student Representative Council President: Pavneet S Sehaj B
Student Representative Council Treasurer: Jaiden J Nathan M
Student Representative Council Secretary: Mila B

Year 5/6M:	Hannah H	Year 5/6A:	Alayna L
Year 5/6L:	Kyle C	Year 5/6J:	Scarlett B
Year 3/4S	Raeden S	Year 3/4W:	London B
Year 3/4P:	Karen W	Year 3/4A:	Ella H
Year 3/4M:	Annie W	Year 3/4J:	Keshav A

House Captains:

Florey –	Jaden C	Jai Lewicki
Flynn –	Hannah B	Maxwell Y
Cowan –	Lilly K	Archie B
Kenny –	Declan O’S	River L

Monitors:

Computer:	Jack Di B	Adrian L	
Lunch Orders:	Runze H	Cindy Z	
Garden/Office:	Melody H	Levi M-B	Shauyra P
Environment:	Bonnie C	Ella Y	Eddie D
Sport:	Benjamin K	Alexis M	
	Lucas S	Lucas W	

THE IMPORTANCE OF FULL TIME ATTENDANCE

Schooling is compulsory for children and young people aged from 6 to 17 years unless an exemption from attendance or enrolment has been granted. Parents are required to ensure their child attends school every day and to provide an explanation for their child’s absence from school when this does not occur.

Parents should promptly inform the school of the reason for their child’s absence. If absences are “unexplained” by the parent, the school is required to notify you for a reason.

STUDENT MEDICAL INFORMATION

Parents/Guardians must update their child's medical information to ensure staff can effectively monitor, manage and respond to health conditions, allergies and emergencies. Updated records enable a school to implement necessary risk management, create accurate medical plans and fulfill legal duty of care obligations to keep students safe. This includes Allergic Reactions Action Plan, Anaphylaxis EpiPen, Action Plan, Diabetes Action and Management Plan, Eczema Action Plan and Epilepsy Action Plan.

ACTION PLANS MUST:

- Be completed by your doctor within the last six months
- Your doctor must sign/stamp the medical action plan
- Be easily read and completed in full
- Specify the name/brand of any medication and dosage required
- Have a review date that is twelve months after the date the action plan was developed
- Be submitted in colour. (**please see note below**)
- Include a recent colour photo of your child
- Have family emergency contact details fully completed, including their name and phone number.

IMPORTANT:

- Action Plans that **do not meet the above requirements** will be returned for completion by your doctor.
- Educators and/or family cannot amend the action plan.
- Children **cannot attend** the school or kindergarten without the completed action plan and medication detailed on the plan.
- We strongly encourage families to always store medication at the kindergarten or school.



REMINDER

We have students in our school who have a severe allergy to nuts and nut products. If exposed to nuts these students can have an anaphylactic reaction and, within a very short time span, experience extreme difficulties with their respiratory and/or cardiovascular systems. Potentially this is life-threatening.

The key to prevention of anaphylaxis in schools is knowledge, awareness and planning. As part of our Risk Management to ensure the safety of these students, **I ask families not to bring nuts or nut products to the school site or to school activities. If your child is at risk of having an anaphylactic reaction, please educate him/her about not accepting food from others.**

Your cooperation with this requirement is appreciated. The classroom teachers will provide you with additional information from time to time, and inform you of protocols to follow around bringing any special foods to school for Special Days or Events.

PARENT/TEACHER INTERVIEWS- WEDNESDAY 18TH FEBRUARY



Parents/Guardians can schedule a meeting appointment to meet with your child's teacher by Friday 13th February. On-line bookings are now open. The meetings are scheduled for fifteen minutes, or thirty minutes if an interpreter is required. Students attend school and will participate in a day of activities, at no cost to parents/guardians. Students will be supervised by specialist and education support staff.

The key aspects of such meetings are to establish a constructive dialogue between home and school, discuss academic achievements, learning skills and work habits, identify areas of enjoyment, challenges, and set future learning goals and connect parents/guardians, teachers and students as a team for the student's success.

Teachers welcome any insights into your child's life (home life; interests; any changes that may be impacting your child)

HOUSE ATHLETICS

The House Athletics (Field and track events) will be held on Wednesday 25th February at the Bill Sewart Athletics Track, Burwood East. Middle and Senior School students will represent their House in the athletics competition. Parents and friends are welcome to attend this sporting event and cheer on the competitors.



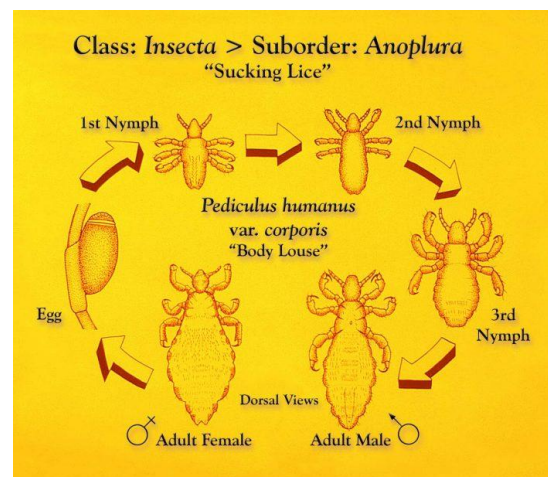
The House Cross Country Athletics will be held at Mahoneys Reserve on Thursday 26th March for Middle and Senior School students.

HEAD LICE

Head lice are a common problem that usually affects school-aged children and their families. They can attach to the hair of anyone's head. It doesn't matter if the hair is clean or dirty. Head lice are also found worldwide in all different places, such as in homes or schools or the country or city. And it doesn't matter how clean, dirty, rich, or poor the place or person is.

WHAT ARE HEAD LICE?

Head lice are tiny bugs about the size of a sesame seed (2–3 millimetres - mm) long. Their bodies are usually pale and grey, but their colour may vary. One of these tiny bugs is called a louse. Head lice feed on small amounts of blood from the scalp. They can usually live one to two days without blood meal.



Lice lay and attach their eggs to hair close to the scalp. The eggs and their shell casings are called nits. They are oval and about the size of a knot in thread (0.8 mm long and 0.3 mm wide) and usually yellow to white. Some nits may blend in with some people's hair colour, making them hard to see, and are often confused for dandruff or hair spray droplets. Nits attach to the hair with a sticky substance that holds them firmly in place. After the eggs hatch, the empty nits stay on the hair shaft.

WHAT IS THE LIFE CYCLE OF HEAD LICE?

Head lice live about **twenty-eight** days. They develop in **three** phases: egg (also called a nit), nymph, and adult louse.

- **Egg or nit.** Eggs or nits hatch in **six to nine** days. Eggs are usually found within four to six mm of the scalp and do not survive if they are farther away.
- **Nymph.** The nymph looks like an adult head louse but is much smaller (about the size of a pinhead [1.5 mm]). Nymphs become adults about seven days after hatching.
- **Adult louse.** An adult louse can multiply fast and lay up to **ten** eggs a day. It takes only about **twelve to fourteen days** for newly hatched eggs to reach adulthood.

This cycle can repeat itself every three weeks if head lice are left untreated.

Head lice are most common in preschool and primary school-aged children. Each year thousands of school-aged children get head lice. Anyone can get head lice. Head lice are found worldwide. Head lice are crawling insects. They cannot jump, hop, or fly. The main way head lice spread is from close, prolonged head-to-head contact. There is a very small chance that head lice will spread by sharing items such as combs, brushes, and hats.

Itching on the areas where head lice are present is the most common symptom. However, it may take up to **four to six** weeks after lice get on the scalp before the scalp becomes sensitive to the lice saliva and begins to itch. Most of the itching happens behind the ears or at the back of the neck. Also, itching caused by head lice can last for weeks, even after the lice are gone.

CHECKING FOR HEAD LICE

Regular checks for head lice are a good way to spot head lice before they have time to multiply and infest (are present in large numbers) your child's head.

- Seat your child in a brightly lit room.
- Part the hair.
- Look for crawling lice and for nits on your child's scalp a section at a time.
- Live lice are hard to find. They avoid light and move quickly.
- Nits will look like small white or yellow-brown specks and be firmly attached to the hair near the scalp. The easiest place to find them is at the hairline at the back of the neck or behind the ears. Nits can be confused with many other things such as dandruff, dirt particles, or hair spray droplets. The way to tell the difference is that nits are firmly attached to hair, while dandruff, dirt, or other particles are not.
- Use a fine-tooth comb to help you search the scalp section by section.

HEAD LICE TREATMENT

There are many treatments that can be purchased at a pharmacy. If you are concerned, please check with your child's doctor before beginning any head lice treatment. The most effective way to treat head lice is with head lice medicine. After each treatment, using the comb-out method every **two to three days for two to three weeks** may help remove the nits and eggs.

THE COMB-OUT METHOD

The comb-out method can be used to help check for nits and head lice or to help remove nits and head lice after head lice treatment. However, the comb-out method usually doesn't work on its own to get rid of head lice.

Here is how you use the comb-out method:

- **Step 1:** Wet your child's hair.
- **Step 2:** Use a fine-tooth comb and comb through your child's hair in small sections.

CAMPS, SPORTS, AND EXCURSION FUND (CSEF)

The Camps, Sports, and Excursions Fund (CSEF) provide payments for eligible students to attend activities like school camps or trips, swimming and school-organized sport programs, outdoor education programs, excursions, and incursions.

For 2026, Victorian schools will receive **\$400 per year for each eligible student** through the Camps, Sports and Excursions Fund (CSEF), a significant increase from previous years, helping families cover costs for camps, excursions, and sports activities. Payments are made directly to the school and must be used for the student's benefit, with applications opening from late January 2026.

Families holding a valid means-tested concession card such as:

- Veterans Affairs Gold Card
- Centrelink Health Card
- Pensioners Concession Card

Families can list more than one student in the one application form if they are attending the same school. A special consideration category exists for:

- families on a bridging visa, temporary protection visa, are in community detention or are asylum seeker families – a letter from Australian Red Cross or similar welfare institution, visa grant notice or ImmiCards is required as evidence.
- students in temporary out of home care arrangements, including statutory kinship care – a letter of support from the institution facilitating the arrangement (for example Mackillop Family Services) or the Department of Families, Fairness and Housing is required as evidence. Copies of court orders are not required.

Applications for special consideration can be made through the standard application form and must be submitted by 26th June 2026.

- **Applications Open for Schools:** Around 27th January 2026.
- **Parent/Carer Application Deadline:** Lodge forms at the school by 26th June, 2026.
- **Eligibility Check Dates:** Your concession card needs to be valid on the first day of Term One (28th January, 2026) or Term Two (20th April, 2026).

1. **Contact Your School:** Get the CSEF application form and information from your child's school.
2. **Complete & Return:** Fill out the form and return it to the school office.
3. **Check Eligibility:** Ensure you meet the eligibility criteria (usually holding a valid concession card).

Prep students in government schools who receive funds are also able to get support for school uniforms. For more information regarding this initiative, see [State Schools' Relief](#). Applications can be entered from 27th January 2026. Parents/carers wishing to apply for CSEF payments for 2026 must submit their application form to the relevant school by 26th June 2026. Please refer to the link attached for application form.



Congratulations to the following students who will receive an award at assembly on Friday 20th February:

PREP B	Caleb L and Iah Solana C
PREP W	Amelia Z and Jeffrey W
PREP H	Arian J and Ezra T
PREP L	Chloe C and Finn D
1/2C	Clara Y and Dorian B
1/2D	Aarna S and Lexie C
1/2F	Devang D and Sophia N
1/2P	Tobias M and Lucinda H
1/2S	Hilary L and Leopold S
1/2V	Katniss C and Jack M
3/4A	Ella H and Quinn C
3/4F	Keshav A and Sadra R
3/4M	Royce L and Ella W
3/4P	Lucinda A and Kian B
3/4S	Charlotte Huang and Noah Bradac
3/4W	Shloke D and Rosalie B
5/6A	Mackenzie B and Subhaan K
5/6J	Jaiden J and Eliza D
5/6L	Aden V and Jai L
5/6M	Jasmine F and Arjav S



Art Club

With Ms Carslake & the Art Captains

Thursday lunchtimes 1.40pm -2.10pm

Week 3 Prep - 2	How to draw cats and dogs
Week 4 Yr 3 - 6	How to make paper sculptures
Week 5 Prep - 2	How to draw butterflies and unicorns
Week 6 Yr 3 - 6	How to make paper sculptures
Week 7 Prep - 2	How to draw dinosaurs, rockets & mermaids
Week 8 Yr 3 - 6	Botanical Birds
Week 9 Prep - 2	How to draw dinosaurs, rockets & mermaids

We are excited to host Art Club on Thursdays in the art room. Your Art Captains will make an announcement prior to lunchtime play to remind you of the activity and year level each week. The session runs for 1.40pm to 2.10pm.

We look forward to seeing you there.

Welcome to a New Year!

Welcome Back to Term 1 – TheirCare Burwood Heights
We warmly welcome all returning families and extend a special greeting to those joining TheirCare for the first time this term. It has been wonderful to see children reconnect with familiar friends and educators while also building new friendships. Over the first two weeks, children have settled in confidently, enjoying creative, social, and active experiences that support a strong sense of belonging.
Our focus has been on smooth transitions, relationship building, and creating a safe, welcoming environment for every child. We are delighted to have you back and look forward to a fantastic Term 1 together.

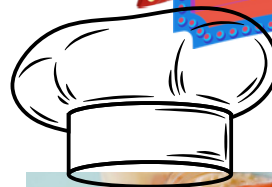
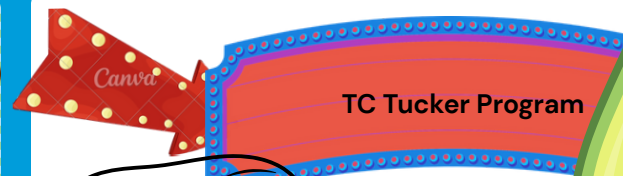


Welcome Morning Tea - Meet & Connect at TheirCare

February 10 th 2026 ,
TUESDAY • BEFORE SCHOOL CARE • 7:30 AM-9AM •
TheiraCare- Burwood Heights PS Esther Wood Building ,



We will be serving light snacks along with grab-and-go coffee and tea for all visitors. This is a great opportunity to visit our service, ask questions, and learn more about our Before and After School Care programs



LET'S CELEBRATE THE 2026 OLYMPIC WINTER GAMES!

FEBRUARY 9 - 13th

We're excited to kick off the new school year with our first week-long program activation: the 2026 Winter Olympic Games! Lots of fun on the surface, with plenty of meaningful moments underneath 🥰

A week of Winter Olympic-themed activities that celebrate teamwork, culture, and connection, one silly game at a time! Scan the code to book, or visit TheirCare.com.au



TC Tucker cooking program starts from Week 3! Children enjoy hands-on cooking, learn kitchen skills, and create delicious treats. Book into the service to secure a place and join the fun.

CONTACT SERVICE:

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 burwoodheights@theircare.com.au

TC HEAD OFFICE:

 1300 072 410

 info@theircare.com.au

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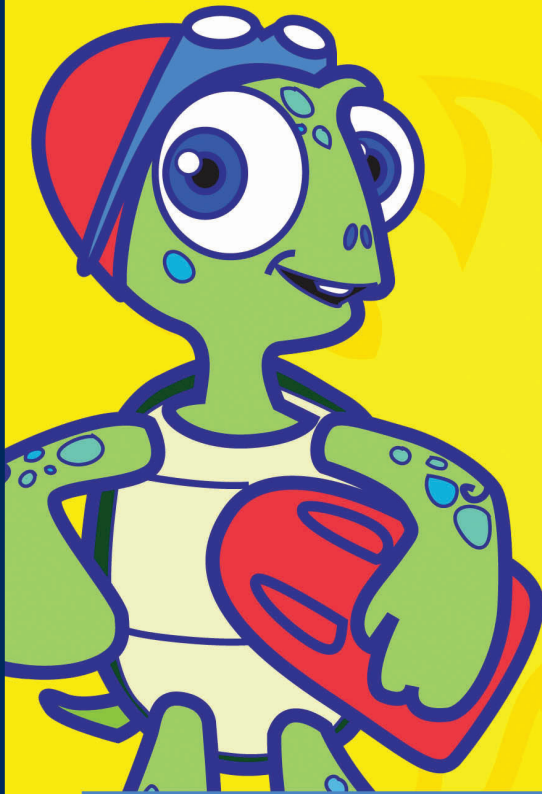


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